



# Run for Mental Health

We thank our sponsors:



Join for a run or a walk for  
physical and mental health 2024!

Info and signing up (in Swedish):  
[www.runformentalhealth.se](http://www.runformentalhealth.se)



## Schedule:

12:00 - 12:45	Live music
12:00	On site sign up
12:45	Warm up exercise
13:00	Start
13:10 - 14:10	Music, Bleckhornen
13:40	Price ceremony
14:15	End of event

Sunday 13th October  
in Stadsparken  
in Lund, white stage